

TRANSITION YEAR MASTERCHEF

At the beginning of transition year we were taken to the IT Tralee for a master chef Ireland cookery demonstration with Chef Mark Dough. When we arrived at IT Tralee we were greeted and given a quick tour of the catering facilities at the college. We were then brought into a room where the cookery demonstration was being held. We went in took our seats and then the demonstration began. The chef's cooked 6 dishes which were healthy and easy to prepare. They cooked Sea Bass, Lamb, Chicken, and other tasty dishes. At the interval we were allowed to have a look at the different facilities at the college. When we returned the chef's finished cooking the dishes and we were allowed to taste them. the dishes were nice and the day was very good overall. Out of all the students who went everyone enjoyed the day. In the next round some of us will be competing with other schools in a cook-off and eventually someone will be crowned masterchef winner.

By Luke Kelly



ENTERPRISE by Meaghan Cregan

In enterprise we had to set up a "Mini Company" that provides a product or service. We had to come up with the idea with the intention of making a profit. I am in a group with Lauren O'Malley and we provide both a product and service. We sell specially designed, themed false nails and we provide a nail painting service. We buy plain false nails and we paint them ourselves and put designs on them and we can paint peoples nails if they do not like wearing false nails. Our company is called "Cuteicles ". For Christmas, we designed our false nails with images of Santa's, reindeer, snowflakes and lots more! We sold these false nails to female students and teachers in the school. As a result, we made quite a profit and we got to keep the money ourselves. At the moment we are designing our false nails for Valentine's Day. As you may have noticed, there are other enterprise groups currently selling their product or service or are finished their selling including: TY Christmas Wreaths, Practical Pens, Pot Cereal, Swim Hats, Themed Bake Sale, Slurry Savers, Crystalline Clean, TY Treats and K&L Calendars!

Transition Year Work Experience By Edwina Sheehan

For my work experience I went to Newcastle West Garda Station. This was one of the highlights of TY. I learnt so much in my two weeks there. I got an insight into what they do and how they treat different situations. The staff gave me advice on how to choose my career and I learned how to work in a professional environment, and how to work as part of a team. I was shown different things and got to work in different areas, and got a good idea of their working lives. I met loads of new people, and learnt how to treat the public in a caring and supportive way. I saw what type of tricky situations they can get into and how they handle disrespectful members of the public. I went out on patrol, to the court, used a speed camera and did a few trips to Limerick.

I was really surprised with how relaxed they were and how light hearted the atmosphere was. I really enjoyed work experience and found it really helpful in deciding what college courses I want to choose after school.

Other work placements included schools, hospitals, gyms, Capanalea outdoor education centre, veterinary practices, pre-schools, an architect, farms, engineering firms, shops, garages, pharmacies and many more



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Introduction

Its that time of year again when we want to let students and parents know whats been happening in the Transition Year Programme . Last term was as usual a busy and exciting one for our 43 TY students with subject sampling , preparation for fifth year , work experience , presentations and projects and lots of activities . The highlight of the term was of course the



trip to France , a week that our students will always remember . We are looking forward to the visit of the French students in March and the many upcoming events and activities including the fashion show, a two day trip to Kilfinane outdoor pursuit centre , enterprise finals, the YSI speakout in Cork, a week of work experience , the Gaisce trip, photography classes, mock interviews and a trip to the Gaeltacht to name but a few.....

Transition year activities so far By Darren Murphy

So far this year I have really enjoyed P.E. For me it is the highlight of the week. We have done lots of different activities over the last few months. My favourite was the surfing which we did in Ballybunion for three weeks at the start of the year. I hadn't surfed before so I wasn't sure what to expect but I really enjoyed it. The following week we went hiking in knockanore which was also very good but our clothes and shoes got destroyed. Another one of my favourite activities was the kickboxing which we did for three weeks. This was a great experience although there was one or two burst noses and lips! Recently we have been doing fitness classes which are very interesting and I feel everyone is feeling the effects of them. Any week we don't leave the school for P.E we play a variety of sports like soccer, basketball, hockey and badminton. Overall I have really enjoyed TY P.E as it allows you to try a variety of new sports and helps develop your skills.



France

By Aisling O' Carroll

The main highlight that stands out in the Transition Year calendar is the trip to France. Everyone gets excited and it is also normal to feel nervous because for a lot of us it was our first time away from home without our parents. The purpose of the trip is to get a view of the French school life and culture and to improve on the French language.

The first trip we went on was to see the beautiful scenery of the Mur de Bretagne countryside. The walk was refreshing and afterwards we went to the Abbey which was very interesting because it was historic. To get to know our French pen-pals we went on a treasure hunt with them around their town and we got to see the differences and similarities that were in their town compared to our local one. The French classes were very similar to ours for example the art class that half of us went to and the other a maths class. The town trip we went on was to Vannes, there we got to shop with our French correspondents and got to know their interests in clothes and in other areas. The crepe night was fantastic because we got to sample the type of food they eat.

For me I was surprised on how family life was different to mine in relation to food and sleep. They had a very small breakfast and a big dinner late in the evening. Overall the trip was a brilliant experience because we got to learn more French just by speaking it and made new friends. Not everyone is lucky enough to get that opportunity especially with friends. Even though the travelling might have been a bit stressful on the bus, train and aeroplane the memories will always stay. Bon Expérience!!!



As part of TY, we all undertook a Young Social Innovator (Y.S.I) project. This year there are three separate groups. The first group, Rural Isolation, are highlighting the risks for those who are living in Rural Ireland, such as poor mental health and lack of confidence. Members of the group have helped at Active Retirement events in their communities. The second group, Low on the Dough, are dealing with the cost of everyday living in Ireland, and the pressures it can put on your family. They are trying to make teenagers aware of how expensive it can be to just have the bare essentials of life. They aim to make people more aware of this. The third group is "Weather" Your Aware or Not' and they are showing the harmful and dangerous effects that the weather can have. They are planning on bringing in hats with the Tarbert Comprehensive logo on them, and selling them in the school. The group are making students more aware of things like Sunstroke, Frostbite, and Pneumonia. We also do a 2 minute drama show at the Y.S.I. speak-out in Cork later in the year. This will give us the opportunity to present our projects to others outside the school, as well as see what other schools have come up with. Y.S.I. encourages us to get out in our community, identify a problem, and help fix it. So far Y.S.I. has been great, and you definitely get back what you put into the project

By Jack McEnery



My TY Experience

By Niamh Trant

Even though we still have about four months left I can already tell that at the end of it I won't regret having done TY. It's been a great experience and I've been able to do things that I never would have had the chance to do if it hadn't been for TY. While we've done loads of things so far my favourite would definitely be the trip to France.

What made the trip to France so amazing were probably the people I was going with. Lots of people go on holidays abroad but it's rare that you get to go with all your friends. Everyone in TY agrees that one of the best things about the trip was the travelling because this was the time when you became really close with the people in your class. Not only do you become closer with existing friends but you also get to make new ones. I know lots of people who, like me, got on really well with their French correspondent and can't wait for them to come to Ireland.

Not only has TY been fun it has also been helpful by helping me decide what I'd like to do with my future. The fact that I could try out all the subjects for fifth year and see which ones I found most interesting made choosing subjects for next year much easier. It also showed me what kind of career I'd be interested in since the two weeks work experience was very enlightening. While the trip to France was by far the best we've done lots of other things in TY as well. Some other highlights were going surfing in Ballybunion, work experience and kickboxing and since we still have the fashion show, Kilfinane outdoor education centre, new PE activities, Gaisce and the YSI speak out in Cork I know that the rest of the year is going to be just as fun.

